

Safety Trivia



Kitchen Safety

How hot should the inside of a hamburger be before you take it off the grill?	160 degrees F.
How long do you have to get food from the grocery store into the refrigerator when it's less than 90 degrees outside?	You have two hours when it's less than 90 degrees outside (one hour if it's 90 degrees or hotter).
What's the highest safe temperature for your refrigerator?	40 degrees
What's the worst thing you can do if there's a grease fire in your kitchen?	Pour water on it
Is it true that if your mozzarella cheese has mold on it, you can just cut that piece off and eat the rest?	No. You can only do this with hard cheeses, such as cheddar cheese or parmesan.
How long can you freeze chicken for if it's in its original packaging?	Two months
Which is safer – a plastic or wood cutting board?	Bacteria can harbor in small cuts in wood. Sealing a wood cutting board with mineral oil can help to prevent this.
How long will the food in a tightly packed freezer stay safe to eat if the door is kept closed during a power outage?	48 hours
Is it true that washing or rinsing chicken before cooking will help to reduce the risk of getting food poisoning?	No, and it could result in splashing bacteria onto other surfaces or food.
What group of people are most at risk for food poisoning?	Older adults, very young children, and people with chronic illnesses are at the highest risk.
What is the number one cause of scald burns among young children?	Hot beverages
What is the number one cause of cooking fires in the home?	Unattended cooking

If a fire starts in the pan while you're cooking, what should you do?	Slide a lid on the pan and remove it from the burner.
How long do leftovers stay safe in the refrigerator?	3-4 days
Is it true that storing your eggs in a special egg holder on the door of the refrigerator keeps them safe to eat for longer?	No. Egg should not be stored in these holders. They should be kept in their original container and stored on a shelf.
How often should you clean kitchen sponges?	Daily
Where should meat be stored in the refrigerator?	On the bottom shelf
How many times can you safely reheat leftovers?	Once
Which two types of meat are safe to eat cooked rare?	Beef (NOT ground beef) and lamb
How can you tell that cooked chicken is safe to eat?	Its juices run clear, it's steaming hot the whole way through, and it's not at all pink.

Fire Safety

A fire alarm should be replaced ten years after...	Manufacture (NOT installation)
How often should you test smoke alarms?	Every month
How frequently should you replace smoke alarm batteries?	Annually
What time of day do most fire deaths occur?	Night – between 11 pm and 7 am; half of all deaths occur during this time
What is the most common reason for a fire alarm not working?	Incorrect installation
What is the leading cause of home fires?	Cooking
Where should there be smoke alarms in your house?	On every level, in every sleeping room, and outside of every sleeping room
How many escape routes should every family member have?	Two
What should you do if your smoke alarm makes a chirping sound?	Replace the battery and then test the alarm
What percent of fire deaths occur in homes with no working smoke alarms?	60%
When using a fire extinguisher, what word should you always remember?	PASS- Pull the pin with the nozzle facing away from you, Aim low and point the extinguisher at the base of the fire, Squeeze the lever slowly and evenly, and Sweep the nozzle from side to side
How big of an area around a fireplace or space heater should you keep clear?	Three feet
How often should you practice an escape plan with your family?	Twice a year
How many minutes do you have to escape a house fire?	2 minutes
What should you do if there's a microwave fire?	Unplug or cut off the power and keep the door closed
What should you do if there's an oven fire?	Turn off the heat and keep the door closed
What is a sign of an electrical problem that could cause a fire?	If the walls feel warm or hot to the touch or if a fuse blows or the circuit breaker trips often.
Where should you have Ground Fault Circuit Interrupters (GFCIs)?	Kitchen, bathrooms, laundry room, basement, and outdoors,
How should you dispose of ashes from a fireplace?	In a covered, non-combustible container and douse with water
What is the most common item ignited by spontaneous combustion?	Oily rags, usually in the garage

Indoors Safety

In 1991, what did the U.S. government deem the most dangerous environmental threat to children?	Lead
What's the name for a deadbolt lock that requires a key on either side of the door?	A double cylinder lock – you should have these for doors that have glass panes within 40" of the doorknob (so that robbers can't reach through the broken window to unlock the door).
What should you do before you change a broken lightbulb?	Turn off the circuit breaker
Where should you place glass ornaments on a Christmas tree if you have pets or children?	On the top
What kind of fire should you use baking soda on?	A grease fire
How many strands of Christmas lights can you power from one outlet safely?	At most, three
At what time of day do most home burglaries take place?	Between 9 am and 5 pm
What should you do as soon as you find out someone has ingested something poisonous?	Call 911 (do NOT induce vomiting unless you're told to)
How much less likely is a home to be robbed if there's a security service in place, versus a home without one?	Three times less likely
What makes carbon monoxide especially dangerous?	You can't see or smell it
What is the average dollar loss per home break-in?	Accept any answer between \$2,000 and \$2,500. It's \$2,322.
What percent of burglary cases are solved by the police?	12%
How often should you clean the dryer filter?	Every time you do laundry
How often should you replace carbon monoxide alarms?	Every seven years
How should you store guns?	Locked up with the ammunition in a separate location
How often should you get your furnace inspected?	Annually
When should you close your indoor doors?	At night when you are sleeping
What is the leading cause of injury death for individuals 65 years old and older?	Falls

Outdoors Safety

In what season do you need sunscreen if you'll be outside?	All seasons
If you are in a lightning storm, what position should your body be in?	Standing
How often should insect repellent be reapplied?	Never, once you put it on – you're good.
How often should sunscreen be reapplied?	Every two hours
What safety standard should bike helmets meet?	Consumer Product Safety Commission (CPSC)
How old should a child be before they use a push-mower?	12
What is it called when someone takes in a small amount of water through his or her nose or mouth, and it causes a spasm in the airway, causing it to close up?	Dry drowning
People of what age group are most likely to be injured by fireworks?	5-9-year-olds
What is the most common reason for grill fires?	Failure to clean the grill correctly
How tall should the fence be around your pool or hot tub?	5 feet
Where all should reflectors be on a bike?	The front, the back, the pedals, and the spokes
How old should a child be before they skateboard without supervision?	10
What is it called when the ability to sweat fails and body temperature rises quickly. The brain and vital organs are effectively "cooked" as body temperature rises to a dangerous level in a matter of minutes?	Heatstroke
What is the hottest part of the day?	11 am – 3 pm
How many miles per hour can a sled go?	25 mph
Should you walk facing traffic or with your back to traffic?	Facing
How many are in a group of poison ivy leaves?	Three
What are the symptoms of Lyme disease?	Fever, headache, fatigue, skin rash
How should you remove a tick from your skin?	With tweezers
If you're outside on a day that the heat index is between 103 and 115 degrees, how much water should you drink per hour?	4 cups

Street Safety (walking and driving)

What kind of infant car seat has a harness and helps to reduce the chance of spinal cord or neck injury in a crash?	Rear-facing
What is the average amount of time that your eyes are off the road when texting?	5 seconds (long enough to drive across a football field blindfolded)
What is the first thing that you should do when facing an aggressive driver?	Do everything possible to get out of the way
What blood alcohol concentration is the legal limit for DUI?	0.8 g/dL
How long before dusk and after dawn should you have your headlights on?	1 hour
When a deer jumps into the road, should you swerve to avoid hitting it?	No
What type of over the counter medication is most likely to cause drowsiness?	Antihistamines/allergy medications
How many feet should you leave between the side of your car and a bicyclist when passing?	3 feet
Should you bike against traffic or with traffic?	With traffic
Should you stop on a two-lane road when a school bus with flashing red lights is stopped on the other side of the road (you are facing it)?	Yes
What percent of car accident fatalities are speeding-related?	30%
What should you do if you drive into the railroad crossing and the gate behind you comes down?	Keep driving, even if it means you break the crossing gate ahead of you.
When riding a bike at night, your headlights should be visible for how many feet?	500 feet
When parking downhill on a curb, you should set the parking brake and turn the wheel towards...	The curb
In front wheel and all wheel vehicles, if you go into a skid, you should...	Steer into the skid
What kind of headlights should you use when driving in fog?	Low-beam
Where is the most dangerous place to be if you're driving and a tornado hits?	Under a bridge or in a tunnel
What is the most important thing to do, or not do, if you're being robbed?	Don't resist
In most states, what number should you call for current road conditions and construction/closure information?	511

Medication Safety

Where should you store medications if you have small children?	Medicine should be stored in a childproof or locked cabinet.
Name a type of drug that requires frequent blood testing to check levels or effectiveness?	Blood thinners (Coumadin) Diabetes medications (Insulin) Seizure medication (Dilantin, Tegretol) Heart medication (Digoxin, Lanoxin)
Name a prescription opioid that can be addicting?	Methadone Oxycodone Hydrocodone Codeine Fentanyl
If there are no take-back programs in your area, how should you dispose of unwanted medications?	Mix with an unpalatable substance like dirt, kitty litter, or used coffee grounds and place mixture in a sealed plastic bag. Opioids should be flushed.
What is the poison control number?	1-800-222-1222
How many teaspoons are in a Tablespoon?	Three
Antibiotics are ineffective against this type of illness	Virus/viral
What is the brand name for acetaminophen?	Tylenol
Is it true that the FDA regulates nutritional supplements the same way that they regulate medications?	No
Name a hygiene product that is monitored by the FDA the same way that a drug is?	Fluoride toothpaste, dandruff shampoos, antiperspirants, sunscreens
Name one thing that appears on every over the counter medication's Drug Facts label.	Active Ingredients, Purposes, Uses, Warnings, Directions, How to Store, Inactive Ingredients, phone number for questions
What is an easy way to give liquid medications to children?	Using a syringe (ask for one at the pharmacy).
Name a place where you shouldn't store your medications?	Any place this is too humid, too hot, or too cold (examples, bathroom, car, or on top of the stove)
1.4 billion prescriptions were filled in 1980, how many do you think were filled in 2014?	4 billion
Name one of the top 7 medications and medication-hygiene products that commonly cause poisoning in children	Pain and fever remedies, vitamins, allergy medicine, diaper rash cream, eye drops, laxatives, and vapor rubs
Name something that should appear on the list of medications that you carry with you at all times in case of emergency?	Brand name, generic name, dosage, when you take it, why you take it
How is alcohol most likely to alter the metabolism of a medication?	Prolongs and enhances the drug's availability (potentially increasing the risk of experiencing harmful side effects.
What food interacts with Coumadin (warfarin)?	Green leafy vegetables